

# Decision Making Guided Reading Outline

Pgs. 18-22

Health 6-Mrs. Maus

Name \_\_\_\_\_

Hour \_\_\_\_\_

1. What is a risk behavior? \_\_\_\_\_

2. Explain the difference between a reasonable and unreasonable risk? \_\_\_\_\_

\_\_\_\_\_

3. How can you cut down on risks? \_\_\_\_\_

4. What is a precaution? \_\_\_\_\_

Give three examples of precautions you could utilize to cut down on the chance of Injury. \_\_\_\_\_

\_\_\_\_\_

5. What are three questions to ask yourself before making any major decision?

1.

2.

3.

6. What is decision making? \_\_\_\_\_

\_\_\_\_\_

7. List the six steps in the decision making process and briefly explain each.

1.

2.

3.

4.

5.

6.

8. When evaluating your decision, what are three questions you might ask yourself?

1.

2.

3.

9. What are five real life major decisions that teens often make?